



Headteacher: Mrs Sue Pryor MA NPQH

8 October 2020

Dear Parent/Carer,

6TH FORM PSHCE PROGRAMME

PSHCE is studied by 6th form students on a fortnightly basis to develop the knowledge, skills and attributes they need to manage their lives, now and in the future. These skills and attributes help students to stay healthy, safe and prepare them for life and work in modern Britain.

Each Year 13 student also has two opportunities to experience our 'survival cooking' programme, where they learn to cook cheap and nutritious meals, with all ingredients provided free of charge.

The programme for the Autumn Term is outlined below.

	Year 12	Year 13
Thursday 17 th September	Being active and healthy eating	UCAS and Apprenticeships
Thursday 1 st October	Academic Profile Building	UCAS and Apprenticeships
Thursday 15 th October	Mindfulness	Apprenticeships and CV writing
Thursday 5 th November	Mental Health	Financial Management 1
Thursday 19 th November	Work experience	Financial Management 2
Thursday 3 rd December	Networking and interview skills	Financial Management 3
Thursday 17 th December	Recharge and sleep	Revision skills

Please do not hesitate to contact me if you require any further information.

Yours sincerely,

A. Bremner

Mr A Bremner
 Head of Sixth Form @Swakeleys
Abremner1@swakeleys.org.uk